

Canadian Families and Corrections Network

Making Connections – Contest Rules



Canadian Families and Corrections Network (CFCN) is hosting a fun contest for teens in 2021! The idea is for young people to create a written response to a different question each month. There will be one prize awarded each month and other prizes throughout the year!

Rules & Regulations

Who can participate?

This contest is open to any teen in Canada, between the ages of 13 and 19 years old, who is affected by incarceration (i.e. someone they know is in jail or has been in jail).

What do I submit?

Two things – your Written Entry Submission for the contest and CFCN's Contest Submission Form. Written entries are to be completed on 8.5x11 inch white, lined or unlined paper (i.e. standard printer paper). You can send in the original, a scanned copy, or photo of your Written Entry (e.g. from a phone). Your submission can be your thoughts, a story, poetry, written lyrics, etc. It can be typed or handwritten but please keep it to no more than 500 words. For confidentiality reasons, please don't put any information that can specifically identify anyone on your Written Entry. **Write what you think and feel!**

How do I submit my confidential entry?

Entries submitted should be made with adult consent, unless you are over the age of 16 years.

Submissions can be made one of three ways:

1. You can send us a [Private Message on Facebook](#) at www.facebook.com/CFCN.RCAFD
2. You can [email](mailto:contest@cfcn-rcafd.org) us contest@cfcn-rcafd.org
3. You can [mail](#) the entry to us at:

CFCN
PO Box 35040
Kingston ON K7L 5S5

When is it due?

There will be several opportunities to enter throughout the year. Each Contest Poster will contain the due date. If you are submitting electronically, your entry must be received prior to 11:59 p.m. (Eastern Time Zone) on the due date. If you are submitting through regular mail to CFCN's PO Box, your entry must be post-dated on the due date.

Who owns the submission?

Once submitted, all entries become the property of CFCN. Your Written Entry may be helpful or inspirational to others so we will keep the names confidential but we may use your entry to support other youth affected by incarceration.

How will CFCN choose the winners?

CFCN will choose the Winning Entry and announce the first name and city of the winner on social media. This winning entry will show creativity, a strong connection to the question, and pride in the work. Feel free to submit more than one entry!

What is the prize?

CFCN will send the winner a \$40 gift card. Other prizes will be awarded throughout 2021!

